



Coaching Skills Training Course

About This Course

Coaching Skills Training Course



**Do you want to know how to use
coaching to improve
performance and grow talent?**

Our Coaching Skills Training Course will provide a toolkit for leaders to develop their team members and increase performance through effective coaching.

The course will introduce you to a range of skills and approaches that you can use in everyday conversations as well as structured coaching conversations.

This Coaching Skills training course is delivered as a scheduled open online training course or in-house just for your business.

We deliver the course as a face to face course and a live virtual online course.



The Course Aim & Objectives

Here's what you will learn on our coaching skills course



Course Aim

This **Coaching Skills Training Course** will introduce you to the skills, techniques and benefits of coaching.

The workshop investigates how behaviours develop in people and how using the coaching approach, can make long term changes to negative or challenging behaviours. We also look at how coaching can be used to develop long term action plans and improve individual and team performance.

Course Objectives

By attending this Coaching Skills Training Course you will:

- Be able to describe the role of the coach and when coaching should be used
- Know how values and beliefs affect the way you coach and are coached
- Be able to demonstrate the skills required of an effective coach
- Know how to use a tried and tested coaching structure that delivers results
- Know how to adapt your style of coaching to meet the needs of the individual and the business
- Be able to provide effective feedback to individuals that you coach
- Know how to drive actions and capture them in a development plan
- Describe advanced coaching techniques and demonstrate their use.

The Course Content

Here's what we cover in our coaching skills course



The Role of the Coach and coaching

- What is a coach and what are they there to do
- What is coaching and the skills required of an effective coach

When to Coach

- When is coaching appropriate to use
- The differences between coaching, mentoring, buddying and counselling

Values and Beliefs

- How do values and beliefs affect behaviour and performance
- How can coaching help the person to realise they need to change

Coaching Approach

- What are the various methods of coaching
- How to adapt your style based on the business and the person being coached
- Developing a coaching culture in the business

Coaching Model

- Introduction to a tried and tested coaching model
- Driving actions and setting objectives
- Providing effective feedback
- An opportunity to practice using the structure

Advanced Techniques

- An opportunity to look at some advanced coaching techniques.

Delivery Options

How we deliver our coaching skills course



Open Training Course

Delivered online as a scheduled open training course

£215.00 + VAT / €239.00

Price per delegate.



In-House

Delivered at your business location or a location of your choice anywhere in the UK, Ireland, across Europe or online.

We can adapt the course content to meet your specific needs and those of your team.

Contact us for a quote.

Open Training Course

Attend our scheduled online training course



We deliver our coaching skills course as an online scheduled open training course.

Perfect for when there is just you, one of your colleagues or a small group of you that would like to attend the course.

Our scheduled courses run on a regular basis and are delivered via Zoom.

You will find them just as engaging and interactive as our in-person training course.

See the course page on our website for more details and the course schedule.



In-House Delivery

Train your team. Train your entire company



We can deliver our coaching skills training course just for your team or organisation.

1

Start with an off-the shelf course

We'll use the content in the overview as a starting point

2

Understanding your needs

We'll work with you to agree what outcomes you want from the course

3

Making it yours

We will shape the content to ensure the course meets your requirements

4

Delivering the skills

We then deliver the course that we've agreed either in-person or online

Make it even more bespoke

We can completely redesign the course to meet your needs. Just tell us what you need, and we can put a no obligation proposal together for you.

Online Training Course

Fun, engaging and interactive – delivered online



Our coaching skills training course can be delivered as a virtual online course.



The same great content reimagined for the online environment.

- ✓ Our open training courses are delivered using Zoom
- ✓ When delivered in-house, we can use the platform you are most comfortable with
- ✓ Re-designed sessions to allow for interactivity and engagement in the online environment
- ✓ The same fun, engaging and down to earth approach
- ✓ Join your course from anywhere

About Us

Here's a bit about us and what we do



We are Revolution Learning and Development

We are a leading learning and development consultancy based in the UK. We provide our services across the UK, Ireland and Europe.

- ✓ We deliver fun, engaging and down to earth training courses in-person and online
- ✓ Over 20 years of training experience
- ✓ Incredibly cost effective and a real focus on return on investment
- ✓ 92% of our clients rebook us for further training and development
- ✓ Flexible training and development solutions

Let's Talk

We're here to help



If you have any questions about our coaching skills course or would like a quote for an in-house course, then just get in touch.

Call Us:

UK: 03333 444575

ROI: 015549779

Email Us:

hello@revolutionlearning.com

Visit Us:

UK: <https://www.revolutionlearning.co.uk>

ROI: <https://www.revolutionlearning.ie>

EU: <https://www.revolutionlearning.com>